



the C.A.L.P 411

COLORADO'S AGRICULTURAL
LEADERSHIP PROGRAM NEWSLETTER

ALUMNI SPOTLIGHT



ANGELA CUE, CLASS 8
LAMAR, CO

Angie Cue is the Community Development Manager for the City of Lamar and Executive Director of Lamar Partnership, Inc, a state and nationally recognized Main Street community. She is committed to economic development to improve quality of life in our rural, ag communities.

Angie has been with the City of Lamar for over 3 years with over 13 years of experience in event and non-profit management. She was a senior manager at the National Western Stock Show in Denver overseeing sponsorship, trade show and educational programming. An opportunity to move "home" to Lamar was presented so she spent 4 years revitalizing a nonoperational Colorado Agricultural Leadership Program. Starting from the ground up, she helped

redesign the adult agricultural program to include state, national, international curriculum and travel focusing on agriculture leadership.

Angie received her Bachelor of Science in Animal Science from Colorado State University and her M.B.A. in Marketing at Regis University in Denver. She is a graduate of CALP Class 8 and now serves on the executive board. "CALP was a life-changing experience for me as I was an introvert, and the program gave me the confidence, knowledge and skills to be a proactive voice for rural Colorado. Meeting and networking with Colorado leaders, learning about ag statewide, nationally and internationally all while refining professional development skills are all opportunities that I would have never experienced without CALP. Life-long friendships from class members and alumni are what I treasure most." Angie is also the newest member of the CALP Alumni Committee.

SURVEY SAYS...

Corey Pelton, alumni committee member, sent out a survey at the beginning of April to update our contact information for alumni. If you did not get it or did not respond, we urge you to follow up so we can ensure we have the most recent info for you. It's our goal to build a strong alumni program to play a larger role in CALP. e-mail alumni@coloagleaders.org for more information.



ORDWAY FEEDYARD
hosted by Luke Larson, Class 11

CLASS 14 SCHEDULE

- Seminar 3 - Palisade
June 23 - 25, 2019
- Seminar 4 - Washington DC/ Georgia
Sept. 16 - 22, 2019
- Seminar 5 - Alamosa
Nov. 10 - 12, 2019
- Seminar 6 - Ag Forum, Denver
Feb. 26, 2020
- Seminar 7 - Fort Collins
April 19 - 21, 2020
- Seminar 8 - Durango
June 14 - 16, 2020
- Seminar 9 - Fort Morgan
September 20 - 22, 2020
- Seminar 10 - International Trip
TBA

CALLING ALL ALUMNI!

Please join us when we're in your area for dinner on Monday evenings. Contact Dani for location and time information.



CLASS 14 AT HIRAKATA FARMS
hosted by Michael Hirakata, Class 12

DID YOU KNOW....

THERE ARE LOTS OF WAYS TO SUPPORT YOUR FAVORITE CHARITY (LIKE CALP)?

PLANNED GIVING - There are a variety of planned giving methods that allow you to express your support of an organization.

Planned gifts can be made with cash, BUT you can also donate assets such as stocks, real estate, art, charitable trusts, charitable gift annuities or business interests, to name a few.

TRIBUTE GIFT - Donate to CALP (or a charity of your choice) in honor or in memory of a friend or loved one. This is a unique way to recognize an individual's passion for a cause.

LIFE INSURANCE - Charitable giving riders can be attached to policies with face values over \$1 million and pay 1-2% of the policy's face value to a qualified charity of the policyholder's choice.

Policy donations can reduce the donor's taxable estate, yield income tax deductions of the policy's fair market value and the charity will receive the entire face amount of the policy.

Naming a charity as the beneficiary of your life insurance policy is a simple way to provide death benefit proceeds from a policy as well.

AMAZONSMILE- Amazon will donate .5% of the price of your eligible AmazonSmile purchases to charities of your choice.



"When I started they told me the CALP program would change my life..and it did. I'm living proof of that."

Nathan Dirnberger, Class 13

Owner, Grey Wolf Resort

Nate's personal project was to create an agricultural property that promotes working land, tourism and education. On May 1, he announced the upcoming opening of his newly formed property, "Grey Wolf Resort" in Victor, CO. It is being developed as a "high altitude health and wellness center," based on agriculture and agritourism. Visit greywolfresort.com (still under construction currently) for more info. Congratulations Nate!

THE BEST THINGS IN LIFE ARE SELF-PACED

Procrastination.

In a funny, all too relatable analysis of the human brain, Tim Urban breaks down the interplay of three driving forces in your mind.

First, there's the *rational decision-maker*, who's long-term oriented and gets things done, but can rarely grab the steering wheel, because of...

The *instant-gratification monkey*, who's entirely engrossed in doing fun and easy things, especially when it's no time to do them, except when...

The *panic-monster* wakes up, who sends the monkey packing for brief periods of time so we can barely get our work done to meet the deadline.

Recapping this message on his blog, Tim found this based on reader's replies:

"Well, it turns out there's two kinds of procrastination.... everything I've talked about has deadlines. When there's deadlines, the effects of procrastination are contained to the short term because the Panic Monster gets involved. But there's a second kind of procrastination that happens in situation when there is no deadline."

All the best things in life are self-paced.

Finding a partner, starting a family, creating your dream career, excelling at a sport, specialized skill, or art, even just learning to be more mindful or open-minded or content

with what you have, there are no deadlines and no urgency around any of those things. And so most people never begin to work on them.

The first step is realizing we're everything. We're the rational decision-maker, the instant-gratification monkey, and the panic-monster.

No one does anything to us. We're doing everything to ourselves. The teasing with pleasure. The surrender to the impulse. The dreaded last-minute course corrections. It's all us, all in our heads. If we let that go, we could just start.

Then there are those people that started; built some momentum, overcame their lack of deadlines, and then they stopped. Not good enough. Not fast enough.

Think about how many people have stopped chasing their dreams, the things they most want in life, for the sole reason they weren't getting them fast enough.

Learn to like your pace and you'll learn to love your place.

If you're ok with having started, if you can settle for slow, you'll always feel like you have enough time. If you take solace in the fact you're working towards getting what you want, you'll enjoy where you are on the journey. You won't need to have it all today. Most importantly, you'll find something no procrastinator ever can because of the hectic, bouncing triangle in their brain: *true peace of mind*.

Rome wasn't built in a day, but at least you'll fully exercise the power that separates us from monkeys: a sense of self-awareness for where we are in life.

This is a condensed version of an article written by Niklas Goke. An emailable full version is available by contacting Dani at dani@coloagleaders.org.

Do you have a short story to share?

If you would like to submit a short one-page story to be included in this newsletter, please send to dani@coloagleaders.org. Stories can be motivational, funny, informative, etc. We will not publish anything intended to serve a political agenda.

The Colorado Agricultural Leadership Program is a 501c.3 non-profit organization with the mission to develop leaders that will become a strong, unified voice for agricultural issues.

DANI TRAWEEK, EXECUTIVE DIRECTOR

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CALP CLASS 14



Front to back, left to right:
Jacob Langlie, Colton Hankins
Lisa Riseman, Harrison Topp Vicki Lee,
Shelby Teague, Julia Herman
Dusty Johnson, Melissa Bischoff, Raechel
Nelson, Clancy Anderson, Sharon Kauffman,
Joe Rasnic, Mackenzie Stoaks
David Bower, Alisha Knapp, Virginia Till,
Cade Kunugi, Jason Crouch

SPONSOR SPOTLIGHT



"Sustainably feeding our world is one of the greatest challenges humankind faces. American agriculture will need to play a key role if we are to meet that challenge. And America's

Land Grant Universities will, in turn, need to do their part. But the best research and innovation, the finest educational programs, and the best outreach, engagement and application partnerships won't hit their full potential without the right leadership. In Colorado, there simply isn't a better way of building our leadership than an investment in CALP. It is, simply, an investment in our future, and the future of our grandchildren."

- Anthony A. Frank
Chancellor and President,
Colorado State University

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